Douglas County Sheriff's Mountain Rescue Unit
Training Schedule: August 2016 through September 2017
As of June 24, 2016

Normal training times: 7:30 a.m. for Sunday events, 7:00 p.m. for Wed events. Any deviations from the norm are in **bold** text. Sessions recommended for CORSAR Mountain Team are highlighted.

Date	Time	Event	Meeting Location	Comments (See gear definitions at end of document)
August 28 (Sun)	7:30 a.m.	Rock Climbing (Invitational for current SAR members)	SAR Shed to Youtlkut Pillars	GHH, 24 pack
Sept 10-17 (Sat-Fri)	***See ncrc.info***	***Optional: Western Regional NCRC Cave Rescue Training***	***Lava Beds National Monument***	***Ncrc.info for details. Register soon – limited availability***
Sep 14 (Wed)	7:00 p.m.	Review session for current Mtn Rescue members only	SAR Shed	GHH, 24 pack, knee pads
Sep 25 (Sun)	7:30 a.m.	Team building session for current Mtn Rescue members only (edge problems, litter scoops, leadership skills).	SAR Shed to Devil's Den	GHH, 24 pack, knee pads **Recommended for CORSAR Mtn Team active members.**
Oct 12 (Wed)	7:00 p.m.	New member orientation. Single rope techniques (SRT)	SAR Shed	GHH, 24 pack
Oct 19 (Wed)	7:00 p.m.	SRT, new member orientation make-up	SAR Shed	GHH, 24 pack
Oct 23 (Sun)	7:30 a.m.	SRT field session	SAR Shed to Devil's Den	GHH, 24 pack, knee pads
Nov 12-13 (Sat - Sun)	**2:00 p.m. Sat through 5:00 p.m. Sun**	Survival skills, overnight with minimal equipment, search scenario on Sunday.	SAR Shed to field site (TBD)	24 pack (overnight with what you normally carry on a SAR mission)
Nov 16 (Wed)	7:00 p.m.	Patient packaging	SAR Shed	GHH, 24 pack, knee pads
Dec 4 (Sun)	7:30 a.m.	Rough terrain rescue (with other DC SAR units)	SAR Shed to Swiftwater County Park	GHH, 24 pack, knee pads
Dec 14 (Wed)	**6:00 p.m.**	Potluck, slide show (what you're in for!), gear overview (Christmas list!)	Location TBD	Dish to share
Jan 4 (Wed)	7:00 p.m.	Knots, SRT	SAR Shed	GHH, 24 pack, knee pads
Jan 18 (Wed)	7:00 p.m.	Basic rigging	SAR Shed	GHH, 24 pack, knee pads

Jan 22 (Sun)	7:30 a.m.	Cliff exercises: raises, lowers, basic edges	SAR Shed to Devil's Den	GHH, 24 pack, knee pads
Feb 1 (Wed)	7:00 p.m.	Patient packaging	SAR Shed	GHH, 24 pack, knee pads
Feb 15 (Wed)	7:00 p.m.	Advanced patient packaging	SAR Shed	GHH, 24 pack, knee pads
Feb 19 (Sun)	7:30 a.m.	Advanced edge problems, horizontal litters, rescue command structures	SAR Shed to Devil's Den	GHH, 24 pack, knee pads **Recommended for CORSAR Mtn Team members.**
Mar 1 (Wed)	7:00 p.m.	Review (SRT, rigging, packaging) as prep for scenarios	SAR Shed	GHH, 24 pack, knee pads
Mar 5 (Sun)	7:30 a.m.	Rope rescue scenarios	SAR Shed to cliff location (TBD)	GHH, 24 pack, knee pads
Apr 5 (Wed)	7:00 p.m.	Mountaineering gear review, pack check	SAR Shed	Your mountaineering pack and equipment, packed as if you're going on a 3 day alpine climb
Apr 19 (Wed)	7:00 p.m.	Crevasse rescue, avalanche beacons	SAR Shed	Helmet, gloves, **alpine harness**, crevasse rescue personal equipment, avalanche beacon & probe (if you have them)
Apr 21-23 (Fri-Sun)	**6:00 p.m. Thurs or 5:00 a.m. Fri**	CORSAR Mountain School	Mt Shasta	48 pack. Winter travel equipment. Helmet, ice axe, crampons, etc. **Recommended for CORSAR Mtn Team members.**
May 3 (Wed)	**6:00 p.m.**	ICS and search management intro	Sheriff's Conf Room	
May 17 (Wed)	**6:00 p.m.**	Search management tabletop missions	Sheriff's Conf Room	Materials from May 3
May 21 (Sun)	7:30 a.m.	Mock MRA certifications in cliff rescue and search	SAR Shed to field site TBD	GHH, 24 pack, knee pads **Recommended for CORSAR Mtn Team members.**
Jun 17-24	***See ncrc.info***	***Optional: NCRC Cave Rescue Training***	***Redmond Oregon***	***Details at ncrc.info. Highly recommended!***
Jun TBD	Thurs evening through Sun	CORSAR (region-wide SAR training)	Hosted by Josephine Co	Details TBA
July or Aug	TBD	MRA certification in rock and search	Locations TBD	*Certification in snow & ice (alpine) likely in the spring of 2018.*

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SAR Shed is the Douglas County Search & Rescue building in the Fleet Services compound, in Roseburg, at the NW intersection of Diamond Lake Blvd and Rifle Range Rd.

GHH = Gloves, Helmet, Harness with ascending system (bring your own gloves, we'll provide helmet & harness if you don't have one)

24 pack = 24 hour pack. Food, water, clothing (avoid cotton), large trash bag, compass, whistle, pocket knife, personal 1st aid (band-aids, moleskin, tape), space blanket, lighter, GPS (if you have one), toilet paper, insect repellent, sun screen, sun glasses, small rugged pack. ALWAYS BRING THIS STUFF TO MOUNTAIN RESCUE FIELD ACTIVITIES.

48 pack = 48 hour pack. Per list given you in class – extra stuff to get you through a couple days on a mission (sleeping bag, ground pad, food, clothing, etc).